

PALS (People Actively Learning and Sharing)

FALL FUN & FITNESS

A social club for individuals age 13 and up with intellectual disabilities, PALS offers quarterly themed dances, recreational activities, a newsletter and more! The annual fee is \$20.00 for Torrance residents and \$25.00 for non-residents. For more information about how to join, please contact Program Coordinator Phil Duthie at 310/618-2934.

HALLOWEEN DANCE

Saturday, October 21

6:00 p.m.

to 8:30 p.m.

Admission fee:
\$5.00 PALS members
\$10.00 non-members

Ken Miller Recreation Center • 3341 Torrance Blvd.

Monday Night Fun



Special early evening outings are held twice a month. Activities include trips to the movies,

dinners at local restaurants, game nights and more! Some activities are free of charge; others have a fee. Participants must be registered PALS members. Reservations are required.

SATURDAY MORNING BOWLING

Bowling is offered twice a month at Palos Verdes Bowl, 24600 Crenshaw Boulevard. Bumpers are used on lanes and ramps are available. Participants must be registered PALS members. Monthly reservations are required.

Special Needs Sports



Fall sports programs include: cycling, soccer, bocce and lap swim. Participants must be registered PALS members.



City of Torrance • Community Services Department • RECREATION SERVICES DIVISION

3031 Torrance Blvd. Torrance, CA 90503 • 310/618-2930 • www.Recreation.TorranceCA.Gov

"Creating and Enriching Community through People, Programs and Partnerships"



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